Sjögren's Syndrome

Ways it may affect the body

Abnormalities

ocular: keratitis, corneal ulcerations, blepharitis, infections

nose: bleeding, loss of smell

mouth: canker sores, ulcers, erosions, tooth decay, lost of taste, infections: candidiasis

lung: pneumonia, alveolitis, interstitial lung disease

digestive: gastroesophageal reflux disease, gastroparesis, pancreatitis, coeliac disease

hepatic: autoimmune hepatitis, primary biliary cirrhosis

kidney: interstitial nephritis, renal tubular acidosis, glomerulonephritis

skin and mucous membranes: vasculitis, Raynaud's phenomenon

joints and muscles: arthritis, myositis

immunity glands: lymphoma

Problems

ocular: dry eyes

neurological: concentration loss, temporary lapses of memory, brain fog

nose: dry nose, chronic sinusitis

salivary glands: dry mouth, irritations, parotid glands swelling, difficulty with chewing and speech

thyroid: fatigue, constipation, irritability, palpitations

lung: cough, difficulty breathing, chronic bronchitis

digestive: difficulty swallowing, acid taste in mouth, dry throat, heartburns, difficulty with digestion and bowel movements, faintness

extremities neurological: neurological pains, numbness and tingling

skin and mucous membranes: dry skin, vaginal dryness

joints and muscles: pains, swelling, weakness

Further information:

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This information leaflet has been done by the Sjögren's Syndrome Romande Association (Switzerland) with the remarks, suggestions and corrections of Fabienne Gay-Crosier, MD, specialist in immunology and internal medicine in Carouge (Geneva).
The list of abnormalities and problems linked to Sjögren's Syndrome is not exhaustive.
"Abnormalities" correspond to elements rather commonly acknowledged as "diagnoses". They are medical terms that the patients could hear around them and read in their medical records. "Problems" rather correspond to descriptions, symptoms and how the patients feel.
Sources:

« Ways Sjögren's syndrome may affect the body », American Sjögren's Syndrome Foundation

« Syndrome de Sjögren, étude de la cohorte HUG entre 1995 et 2000 », Dr Roland Oppliger

 $\mbox{\tt ``The Sj\"{o}gren's Book ">", Dr Daniel J. Wallace"}$